

EAT. DRINK. SOCIALIZE.

CENTRAL CAFE

Monday – Friday
Breakfast: 07:00 am – 09:30 pm
Lunch: 11:00 am – 1:30 pm
WEEK OF JULY 14



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

STRAWBERRY FRENCH TOAST 6.00
texas french toast stuffed with a marinated strawberry cream cheese filling

FIT TOFU BLACK BEAN BREAKFAST BURRITO (V) 6.50
scrambled tofu, black beans, peas, cilantro, tomato, mexican spices in a whole wheat tortilla

\$7 'ALL IN' MEAL DEAL

bacon, egg, and cheese burrito with tater tots and ocean spray bottled juice

MON

GUEST APPRECIATION: BLACKBERRY BALSAMIC BBQ GLAZED TURKEY BREAST 7.99
blackberry balsamic bbq glazed turkey breast with bbq baked beans and cilantro
jicama slaw with 20 oz water or soda

SOUP: chicken and dumpling 3.75

TUES

TURO TURO: FILIPINO STYLE CHICKEN 8.40
filipino style chicken with sinigang, achara, and kamote with 20 oz water or soda

DHABA GRAZE: chicken tikka, saag paneer, basmati rice, and indian green beans .51/oz

SOUP: broccoli cheddar 3.75

WED

NATIONAL ICE CREAM MONTH: BBQ BABY BACK RIBS 12.00
FIT bbq baby back ribs with pepper bacon mac n' cheese, wine braised cabbage and apples,
and 20oz water or soda. Add on house made ice cream sandwich +2.95

DHABA GRAZE: chicken tikka, saag paneer, basmati rice, and indian green beans .51/oz

SOUP: vegetable beef barley 3.75

THURS

COOL CHIX: DILL PICKLE BRINED CHICKEN BITES 8.40
hand breaded dill pickle brined chicken nugget bites with cucumber tomato pepper salad,
pimento cheese macaroni salad, lemon pepper ranch dipping sauce and a buttermilk biscuit
with 20 oz water or soda

DHABA GRAZE: chicken tikka, saag paneer, basmati rice, and indian green beans .51/oz

SOUP: garden vegetable 3.75

FRI

FISH AND CHIP SHOP: FIT FISH TACOS 8.40
flour tortillas filled with **FIT** fresh tilapia, romaine lettuce, pico de gallo, and chipotle crema
served with a grilled cotija cheese corn salad and mango slaw with 20oz water or soda

SOUP: corn chowder 3.75

**CONNECT
WITH US**

eatatpg.com

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denotes registered dietitian pick

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

PORK CUBANO SANDWICH 8.00
fire braised pork and ham with melted swiss
cheese, chopped pickles, and yellow caesar
dressing on a telera roll

ONION SWISS TRUFFLE BURGER (V) 8.40
white truffle burger topped with swiss cheese,
crispy onions, arugula and roasted garlic aioli
on brioche

SWAP YOUR SIDE

FIT miso roasted carrots (VG)

\$6 'ALL IN' MEAL DEAL

choice of cheeseburger, signature garden
burger, or signature grilled chicken sandwich
Includes whole fruit, vegetable crudité, or
bagged chips and 20oz water or soda

HOUSE DRESSING FEATURES

ORANGE SESAME DRESSING

CRANBERRY BASIL VINAIGRETTE

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

GARDEN CHICKEN WRAP 8.00
grilled chicken, fresh lettuce, carrots, bell
peppers, parmesan cheese and ranch
dressing in a tortilla wrap

VEGGIE GOAT CHEESE BAGUETTE (V) 8.00
herb sun-dried tomato marinated grilled
zucchini and eggplant with spinach and goat
cheese on crusty baguette

SWAP YOUR SIDE

FIT miso roasted carrots (VG)

\$6 'ALL IN' MEAL DEAL

choice of garden hummus wrap, honey dijon
ham sandwich, or turkey pesto mayo wrap
includes whole fruit, vegetable crudité, or
bagged chips and 20oz water or soda